



**FUNDACIÓN
BELÉN**

Madrid Meeting

**ESMV survey on
motivation**

**European Commission Headquarters
27-28 February 2012**

Motivation is: a force that energizes and directs behaviour towards a goal

1. Increase the level of motivation in our volunteers and consider the support mechanisms.

Questionnaires for volunteers about emotional self-awareness
Brainstorming Workshops

2. Prepare and test exercises and games for improving motivation:

Understanding the patterns of Motivation in volunteers

Providing opportunities to address motivational issues

Teaching volunteers new ways to enhance motivation

Responding appropriately to improved behaviors

Working together to change for the better

3. Organize photo exhibitions

Fundación Belen presents our first demographic results and findings from ESMV enquire

Women volunteer more

The best age for volunteering 31-45

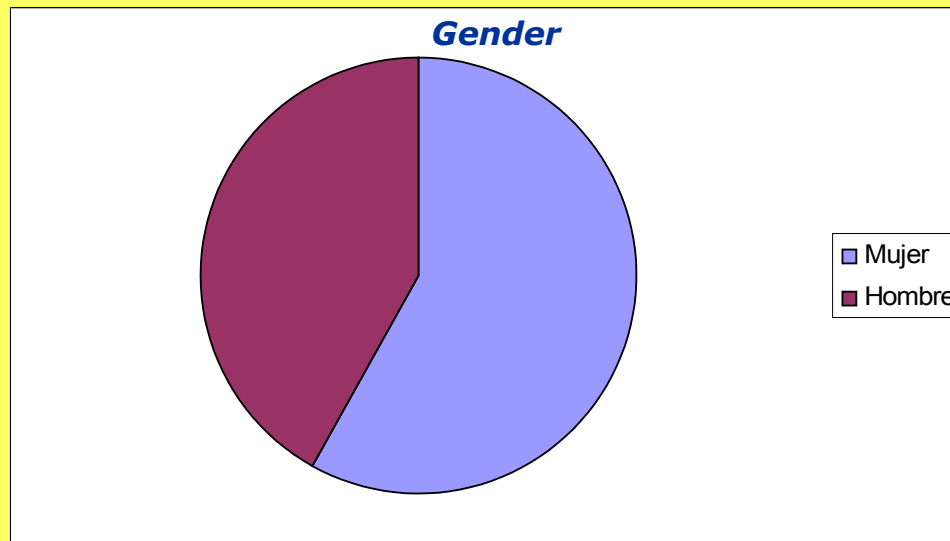
Higher education higher compromise with volunteering

1-2 hours per week are the most common selected time

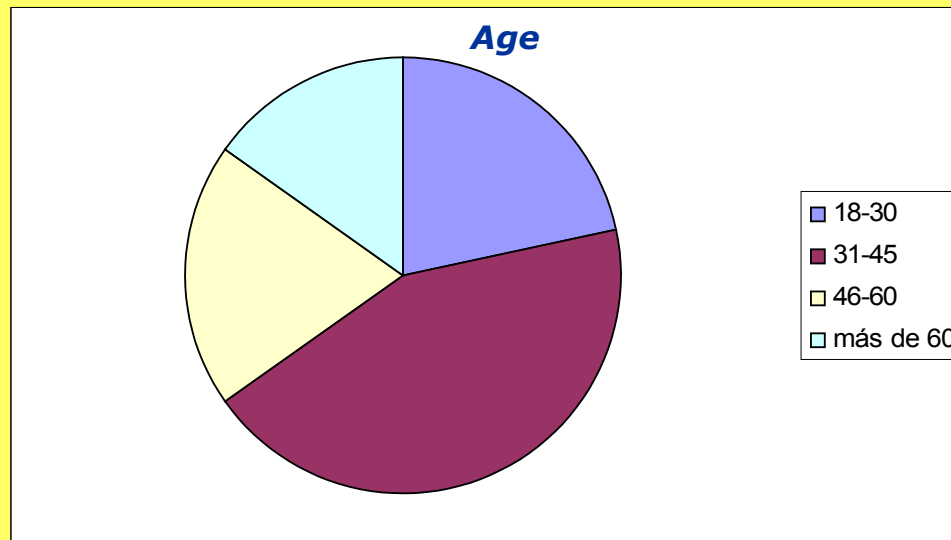
Volunteers live in cities over 50.000 inhabitants

Volunteers usually work

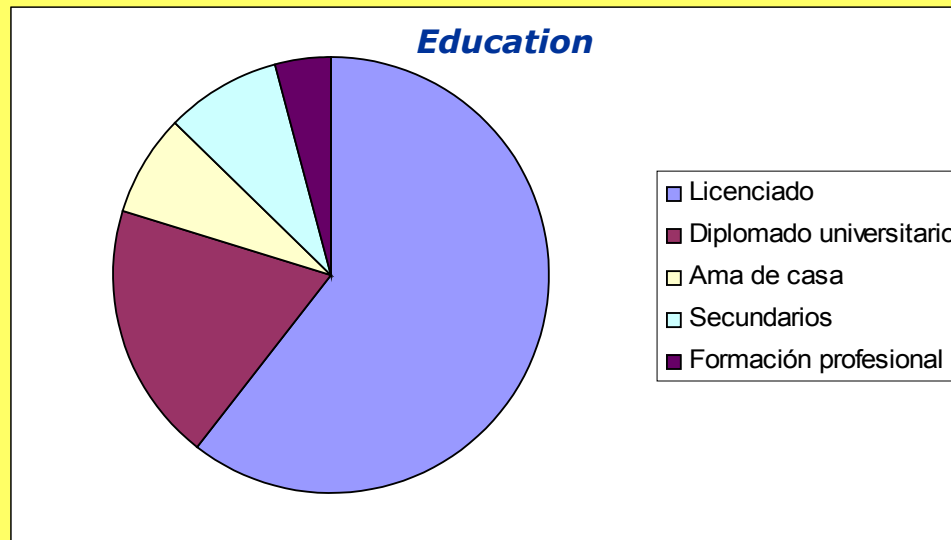
Women volunteer more:



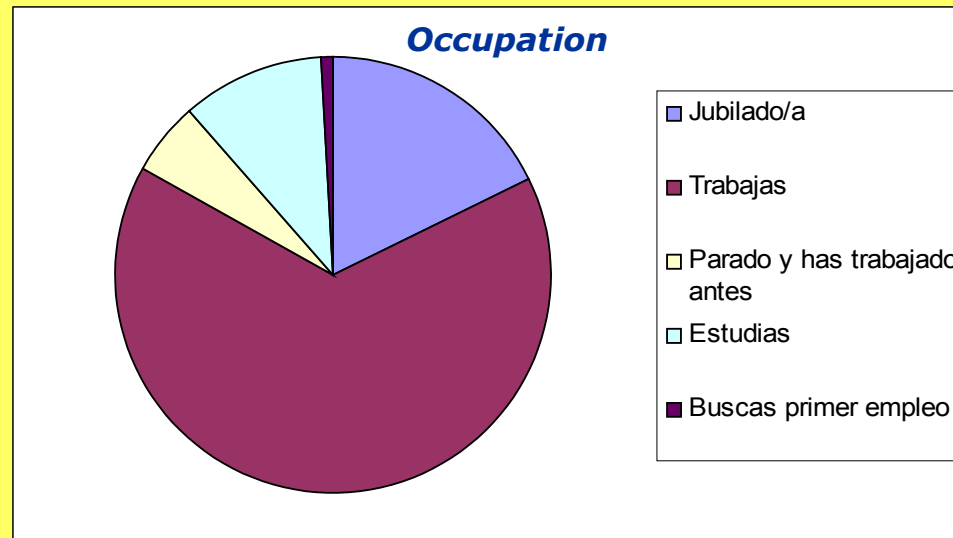
The best age for volunteering 31-45



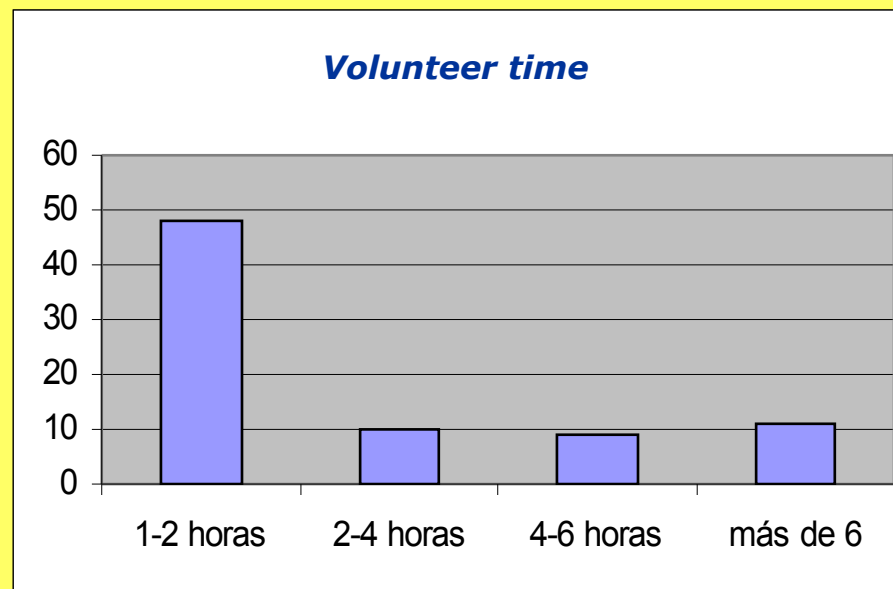
Higher level of education implies higher motivation for volunteer



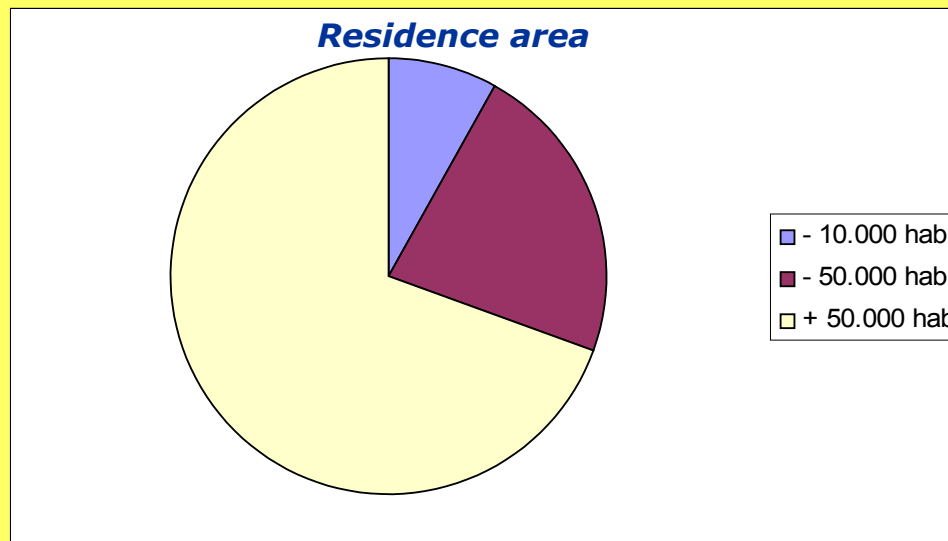
Workers are more prone to volunteer



1-2 hours per week are the most common selected time



Cities with more than 50.000 inhabitants are the most common residential areas among volunteers



MOTIVATIONAL FACTORS:

ALTRUISM:

1-2-6

PERSONAL:

7

LEARNING:

4-9

NO CONSTRAINTS:

23-25-26

Altruist motivation. Five over six (1.2. 3. 6. 8.) have maximum score

1. I volunteer because I believe thus I am meeting a need in the community in my volunteering role.

2. I volunteer because I feel that volunteering makes the world a better place.

3. I volunteer because I believe that you receive what you put out in the world.

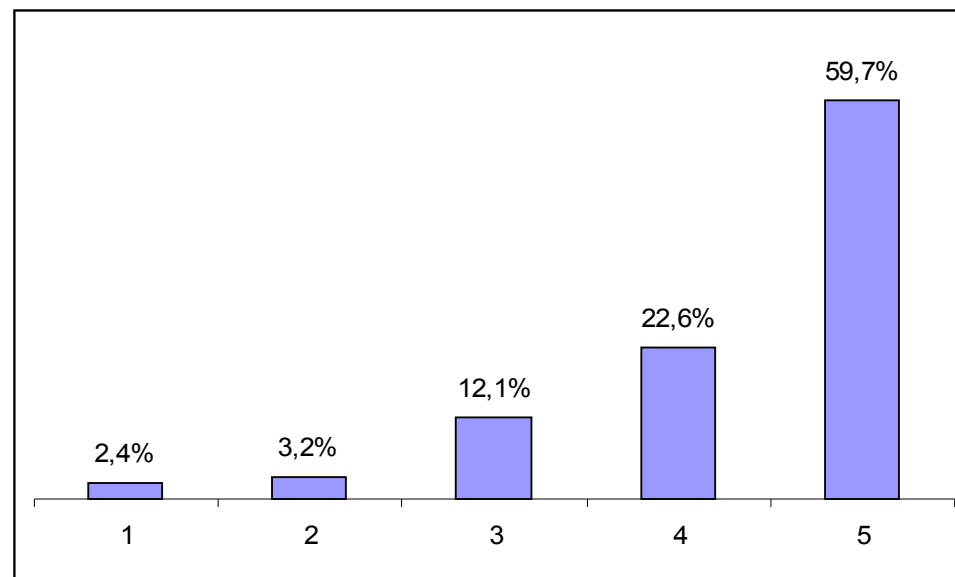
6. I volunteer because volunteering makes me feel useful in my community.

8. I volunteer because it fits in with my religious beliefs.

13. I like to help people because I have been in difficult situations myself.

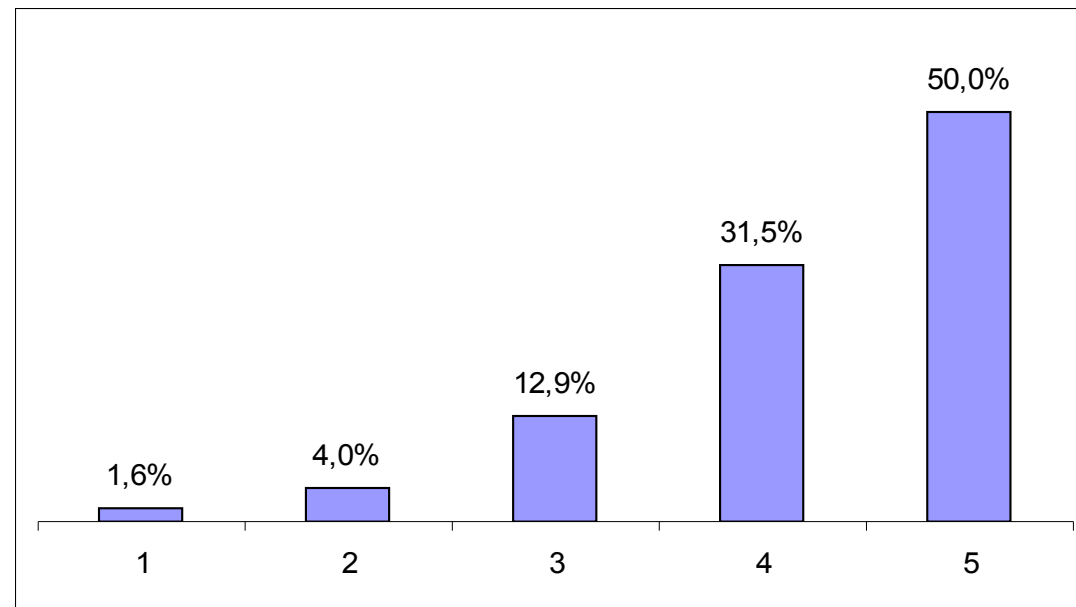
Altruist motivation

1. I volunteer because I believe I am meeting a need in the community in my volunteering role.



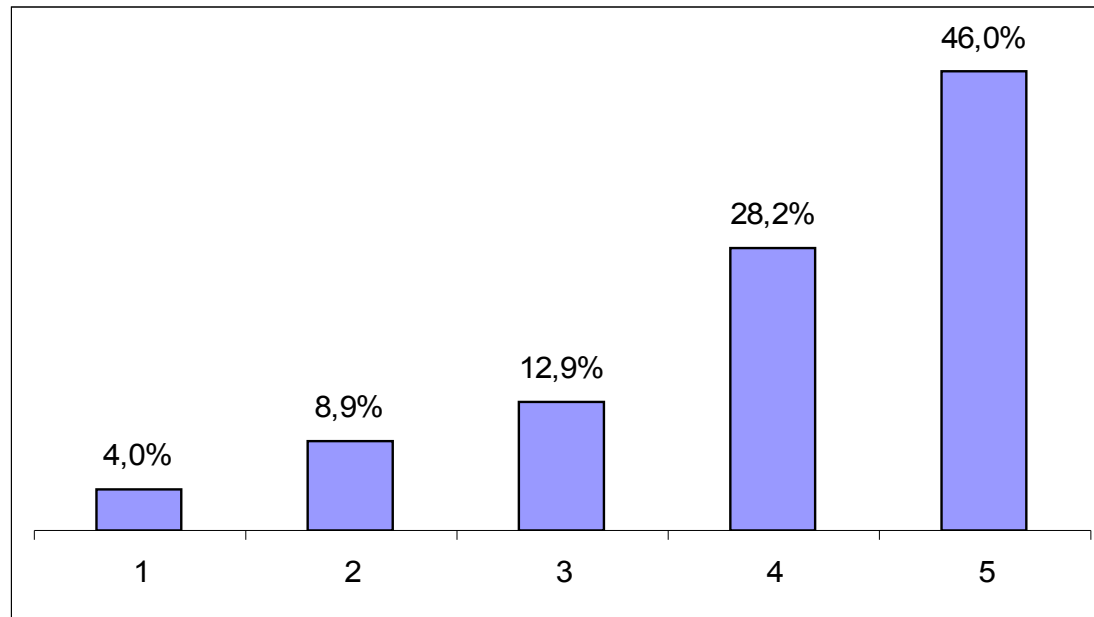
Altruist motivation

2. I volunteer because I feel that volunteering makes the world a better place.



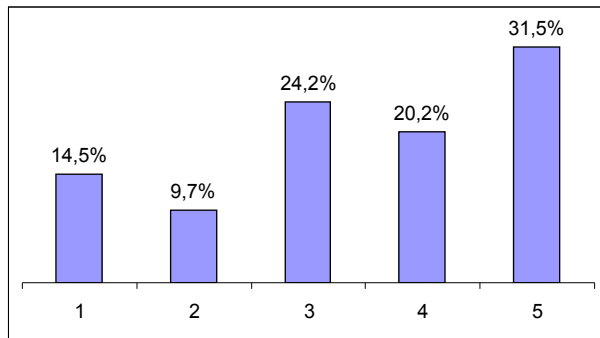
Altruist motivation

6. I volunteer because volunteering makes me feel useful.

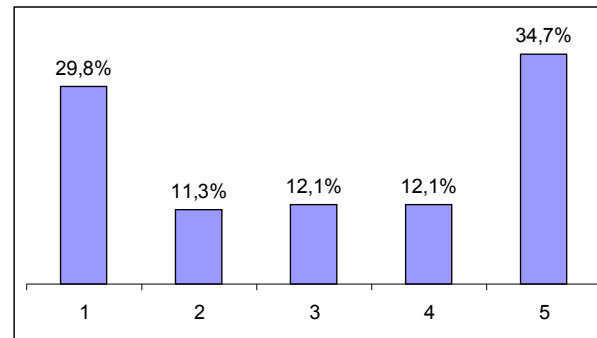


Altruist motivation

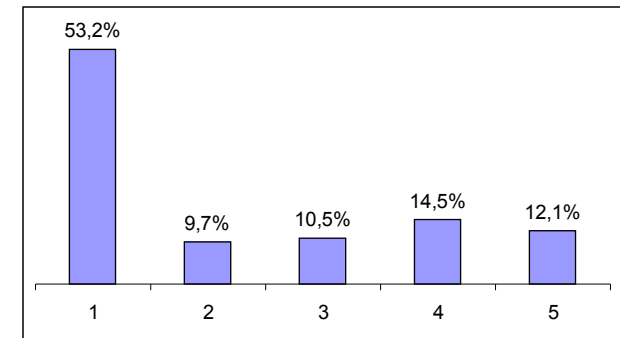
3. I volunteer because I believe that you receive what you put out in the world.



8. I do volunteering because fits in with my religious beliefs.



13. I like to help people because I have been in difficult positions myself.



Personal motivation questions: only three over ten has maximum score

7. I volunteer because I feel that volunteering is a feel-good experience.

10. Volunteering has had a positive effect on my self-esteem.

11. I volunteer because volunteering makes me feel like a good person.

15. I volunteer because volunteering provides it is a way for me to make new friends.

16. I volunteer because volunteering it keeps me busy.

17. I feel that it is important to receive recognition for my volunteering work.

18. I volunteer because volunteering it gives me an opportunity to build my abilities.

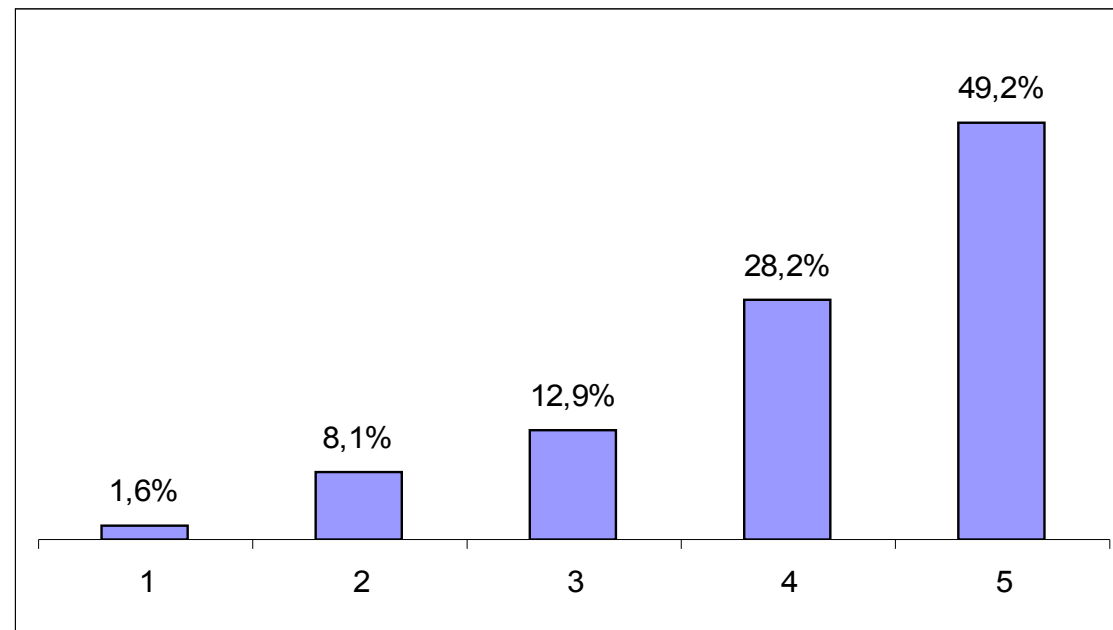
19. I volunteer because I feel that volunteering it is a way to build one's social networks.

20. I volunteer because volunteering it makes me feel important.

22. I volunteer because I feel that I make important work connections through volunteering.

Personal motivation

7. I volunteer because I feel that volunteering is a feel-good experience.

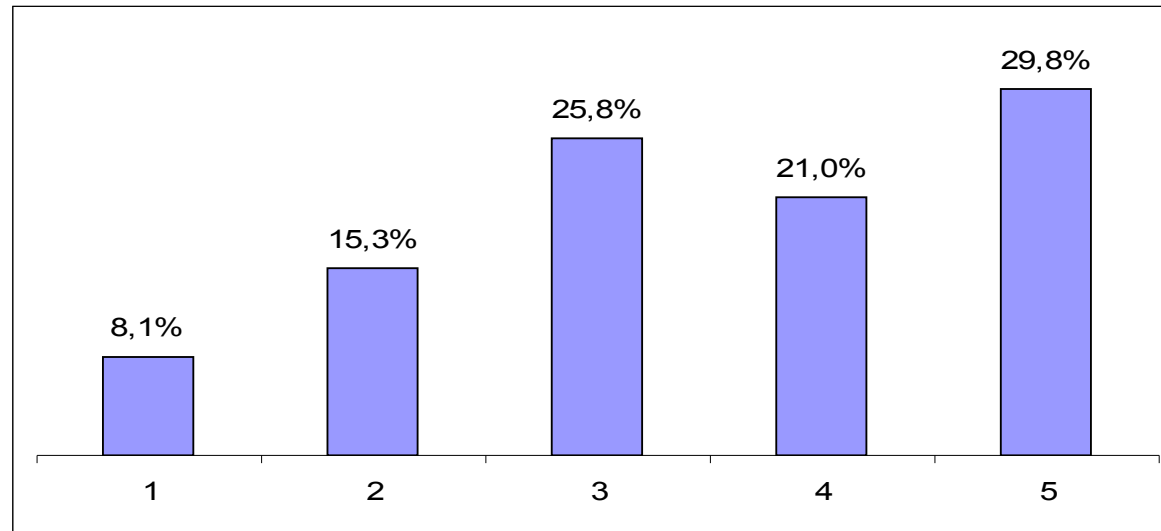


5 scores 7 - 10 - 11

No matters 15-16-17-18-19-20-22

Personal motivation

10. Volunteering has had effect on my self-esteem

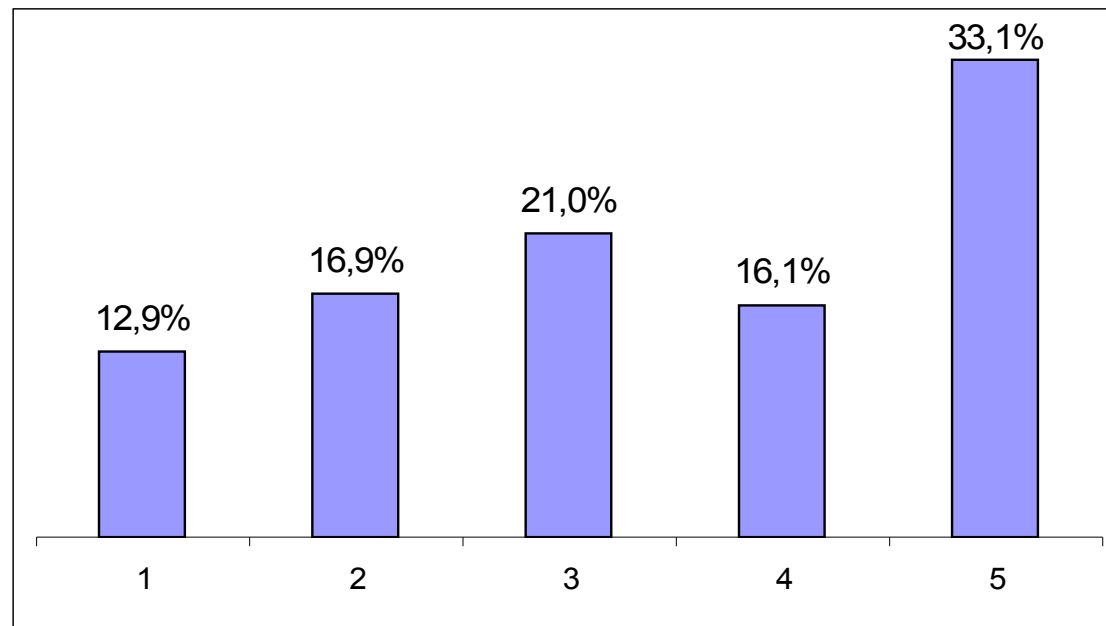


5 scores 7 - 10 - 11

No matters 15-16-17-18-19-20-22

Personal motivation

11. I volunteer because volunteering makes me feel like a good person.

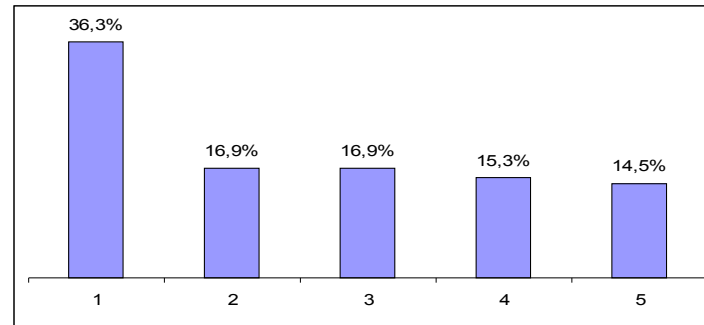


5 scores 7 - 10 - 11

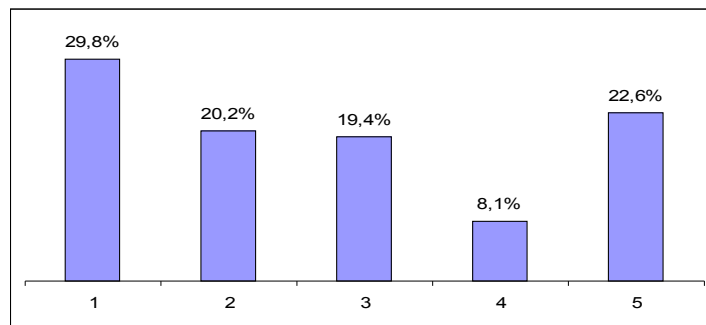
No matters 15-16-17-18-19-20-22

Personal motivation

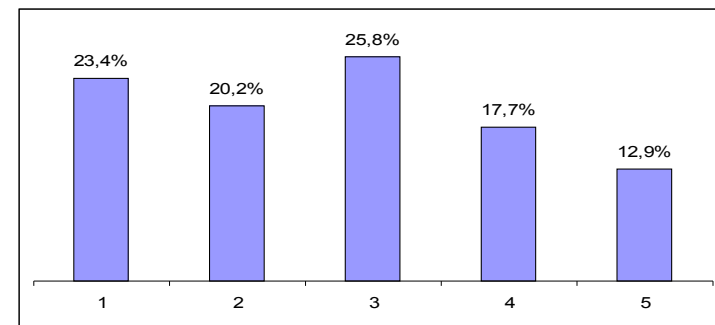
18. I volunteer because volunteering gives me an opportunity to build my work skills.



17. I feel that it is important to receive recognition for my volunteering work.

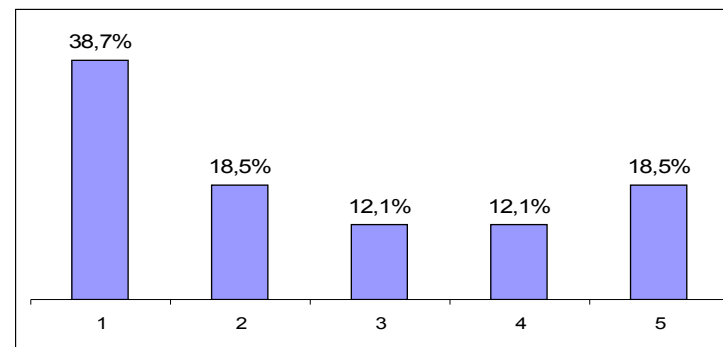


19. I volunteer because I feel that volunteering is a way to build ones social networks.

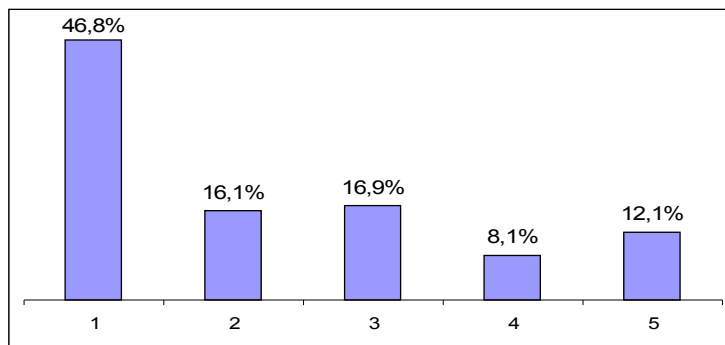


Personal motivation

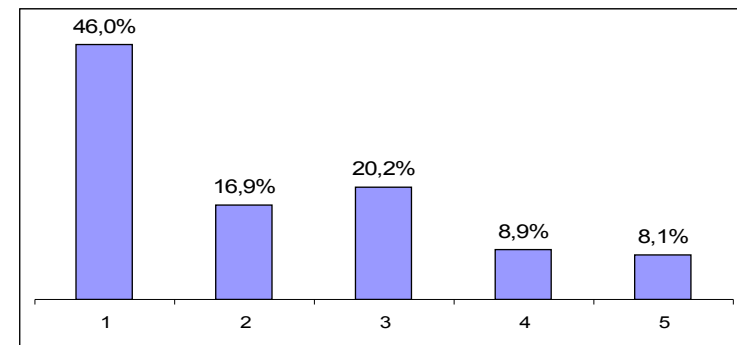
20. I volunteer because volunteering makes me feel important.



16. I volunteer because volunteering keeps me busy. (inwards)



22. I volunteer because I feel that I make important work connections through volunteering.



Learning motivation: 4 and 9 have maximum score

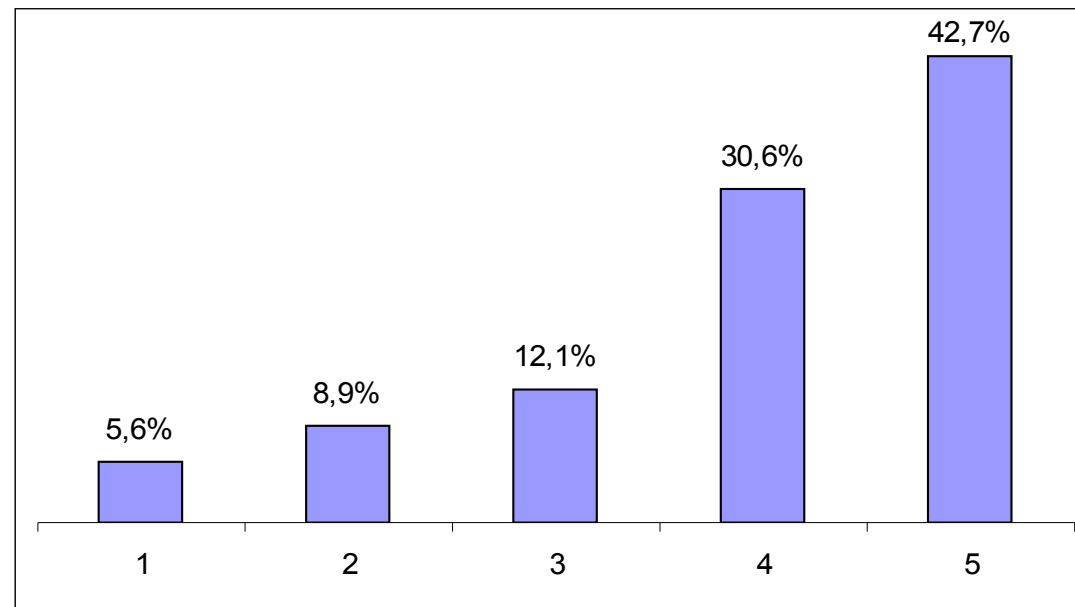
4. I volunteer because I feel that volunteering gives me a better understanding of what life is about.

9. I volunteer because I feel that it has given me the opportunity to notice the differences between people.

14. Volunteering has changed me as a person.

Learning motivation

9. I volunteer because I feel that volunteering has given me the opportunity to appreciate the differences in people.

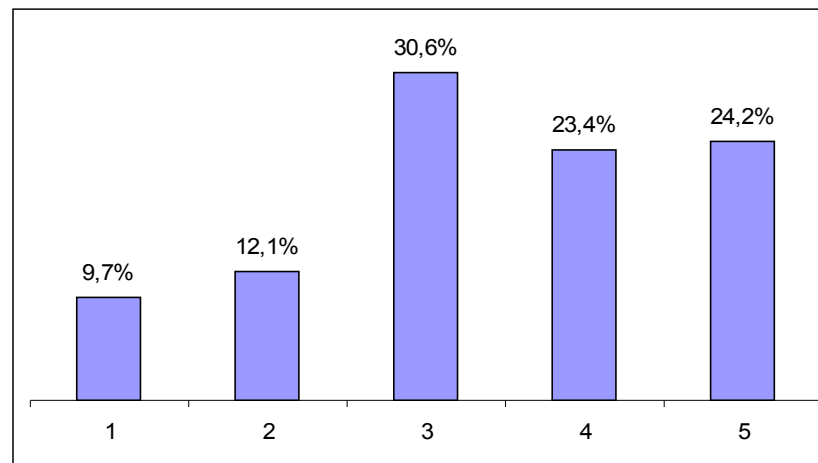


5 scores 9

No matters 14

Learning motivation

14. I have changed as a person through volunteering.



No motivation or constraints: only 3/8 (23-25-26) have maximum score

5. Lack of free time keeps me from involving in volunteer activities.

12. I believe it is the community who should do enough to help those in need of assistance.

21. Solving my own problems keep me from volunteering.

23.Lack of information prevents people from volunteering.

24. Lack of material resources prevents people from volunteering.

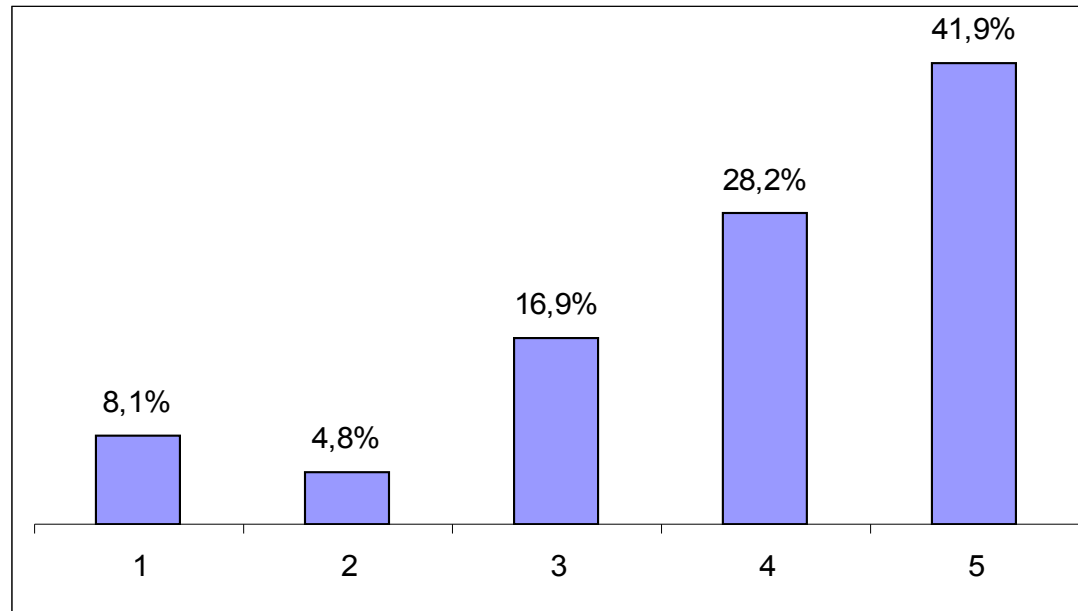
25.Insufficient dissemination of good practices prevents people from volunteering.

26.Volunteers are seen as people having hidden interests.

27.Quality of volunteers' work is poor compared to same paid work....

No constraints

23. Lack of information prevents people from volunteering.

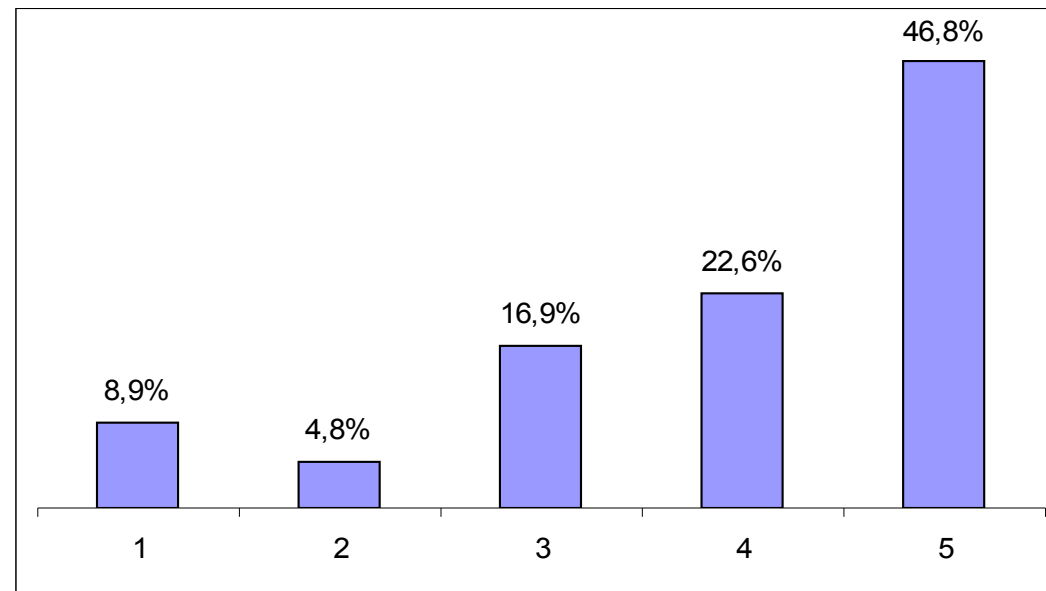


5 scores 23 - 25 - 26

No matters 5-12-21-23-24-25-26-27

No constraints

25. Insufficient dissemination of good practices prevents people from volunteering.

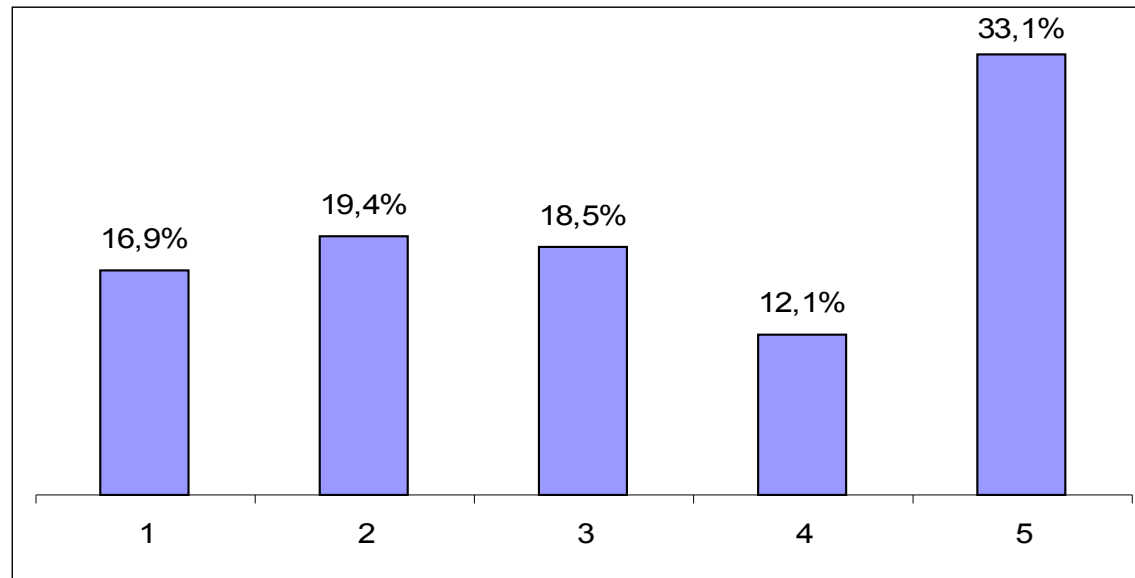


5 scores 23 - 25 - 26

No matters 5-12-21-23-24-25-26-27

No constraints

26. Volunteers are seen as people having hidden interests.

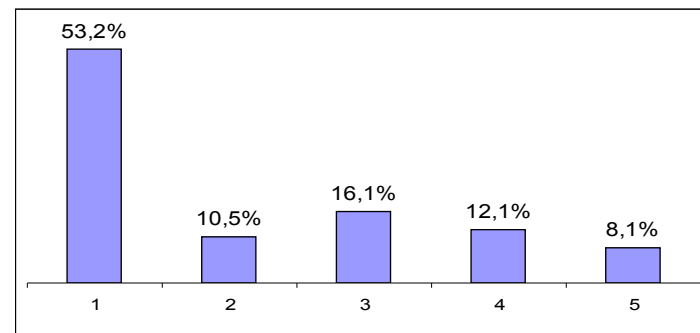


5 scores 23 - 25 - 26

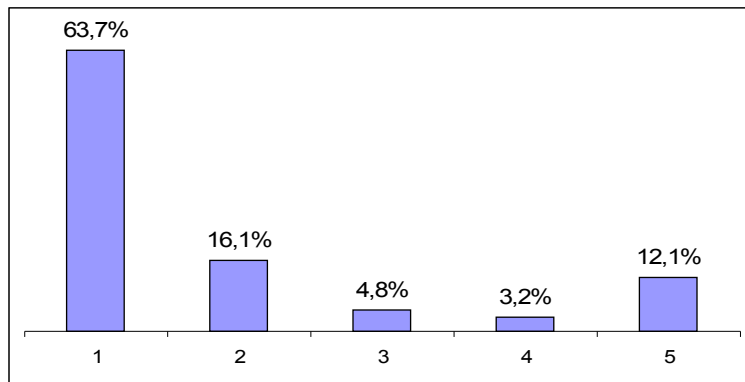
No matters 5-12-21-24-27

Personal motivation

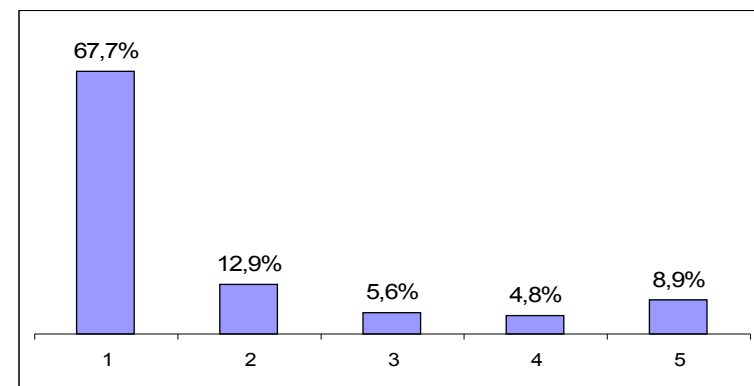
5. I do not volunteer because I have no time



12. I do not volunteer because I believe it is the community who should do enough to help those in need of assistance.

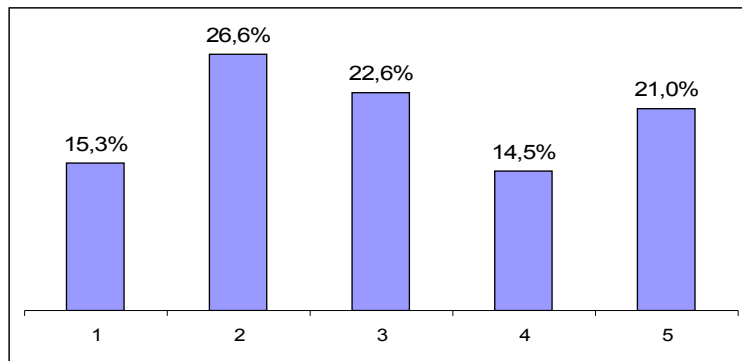


21. I do not volunteer because I have to deal with my own problems.

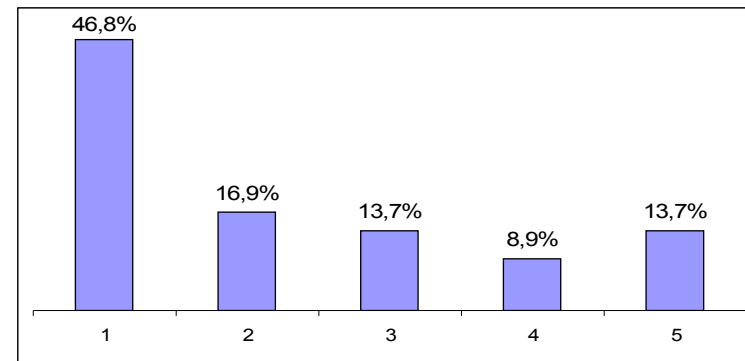


Personal motivation

24. Lack of material resources prevents people from volunteering.



27. Quality of volunteers' work is poor compared to same paid work.



Ranking of the higher scores answers:

1.	1. I volunteer because I believe that I am meeting a need in the community in my volunteering role. Altruism	59,7%
2.	2. I volunteer because I feel that volunteering makes the world a better place. Altruism	50%
3.	7. I volunteer because I feel that volunteering is a feel-good experience. Personal Motivation	49,2%
4.	6. I volunteer because volunteering makes me feel useful in my community Altruism	46,0%
5.	23. Lack of information prevents people from volunteering No constrains	41,9%
6.	25. Insufficient dissemination of good practices prevents people from volunteering. No constrains	46,8%
8.	4. I volunteer because I feel that volunteering gives me a better understanding of what life is about. Learning	37,1%
7.	9. I volunteer because I feel that it has given me the opportunity to meet different people. Learning	42,7%
9.	26. Volunteers are seen as people having hidden interests. No constrains	33,1%
10.	8. I volunteer because it fits in with my religious beliefs. Altruism	34,7%

Motivation is: a force that energizes and directs behaviour towards a goal

For increasing the level of motivation in our volunteers:

1.Clarity

Meeting a need
makes me feel
useful

2.Ideals

World a better
place

**3.Inhance
experiences**

I feel-good
Feel useful

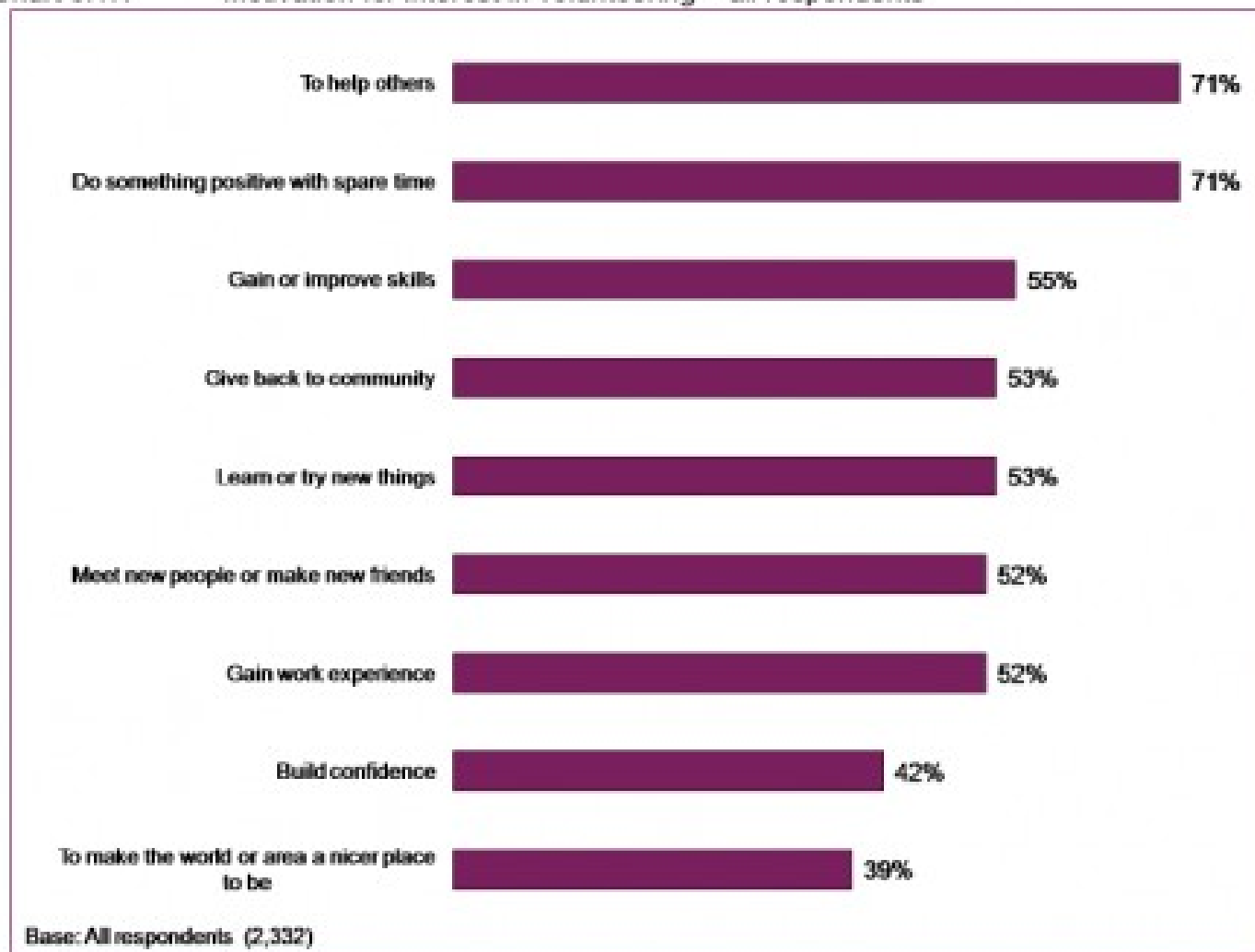
4.Information

Difussion of good
practices

5.Learning

From people
what ´s life

Chart 6.1.1 Motivation for interest in volunteering – all respondents



Motivation on Volunteers links

www.ivr.org.uk

<http://morevolunteers.com/resour06.htm>

www.volunteeringaustralia.org/

<http://edis.ifas.ufl.edu/4h300>

<http://en.volunteermotivation.hu/list/7>

<http://www.learningandteaching.info/learning/motivation.htm>



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www.fundacionbelen.org